

MEDIA RELEASE

The City's Biggest Spin Bike Challenge Returns to Sydney Harbour to Power Critical Support for Sick Kids.

Ronald McDonald House Greater Western Sydney's The Big Spin will return on Friday, 4 September 2026, with up to 800 riders set to take on the high-energy 12-hour cycling challenge in support of seriously ill children and their families.

After a hugely successful 2025, the momentum is already building.

Last year's event was electric raising over \$600,000, with 504 riders digging deep and riding for thousands of families with sick kids. The energy was relentless, the atmosphere unforgettable, and the impact real.

Now, in 2026, it's time to go even bigger.

Set against the iconic backdrop of the Sydney Harbour Bridge and Opera House, Fleet Steps will transform into a hub of energy, with hundreds of riders cycling relay-style under a high-impact marquee. Professional instructors, live entertainment, pumping music, food trucks and team prizes will keep the energy high from start to finish.

From 8am, teams will ride for 12 continuous hours, pushing through every kilometre to support the thousands of families who rely on Ronald McDonald House Greater Western Sydney each year.

Last year, Ronald McDonald House Greater Western Sydney supported more than 6,000 families. As new programs open and demand increases, thousands more families will rely on the charity for support in 2026. The Big Spin helps make that possible.

Families like baby Joey's, who less than 24 hours after being born on the 16th of December 2025, was kept alive by a bypass machine before being transferred from Newcastle to The Children's Hospital at Westmead's ICU.

"I honestly can't imagine how we would have survived the 7 weeks we spent in Westmead without Ronald McDonald House. We were able to be together as a family and remain close to Joey. Home cooked meals, entertainment for the kids, kindness from complete strangers who made us feel like family. Christmas is my favourite holiday, and I thought it would be hard not being home, but Ronald McDonald House made it magical." - Joey's mum Sheridan.

To register visit www.thebigspin.com.au

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For more information

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Event Details

The Big Spin – 12-Hour Spin Challenge for Ronald McDonald House GWS

When: Friday, 4 September 2026 (8am – 8pm)

Where: Fleet Steps on Bennelong Lawn, Royal Botanic Gardens Sydney

Who: Teams of all ages and fitness levels, formed by friend groups, family groups, corporate or community groups, etc.

Why: To raise vital funds for the thousands of families like Joeys supported by Ronald McDonald House GWS.

To register your team or learn more, visit [The Big Spin](#)

About Ronald McDonald House Greater Western Sydney (GWS)

When a child is ill or injured, it affects the entire family. Everyday life is disrupted.

More than a place to stay, Ronald McDonald House Greater Western Sydney's surround families with a community of critical support, care and the essential resources they need to stay in their child's fight. Our range of essential programs provide a place to sleep, rest and play, keep working and learning, do laundry, share a home-cooked meal, connect with other families who have been there, feel the comfort and support of our staff and volunteers to help make their journey a little easier.

Our programs are predominantly delivered to families of children receiving treatment at The Children's Hospital at Westmead, Nepean Hospital and Campbelltown Hospital. We aim to remove barriers and provide practical, emotional and financial support for families, all close to the hospital, for as long as they need it – so a family stays at the heart of their child's healthcare, ensuring the best possible health outcomes.

In 2025, Ronald McDonald House GWS supported more than 6,000 families and this year that number is set to soar as more programs are opened to support more families in need.

[Ronald McDonald House Greater Western Sydney](#)